

## **Procedure: Mastectomy with Reconstruction Instructions**

### **Surgery Information:**

1. Please stop all vitamins, supplements, and herbal medications one week before surgery, your surgeon will review any other medications that need to be stopped before surgery
2. Dr. Stroede's part of the surgery will take about \_\_\_\_\_ hours
3. Surgery will be at Aspirus Wausau Hospital
4. You will have General Anesthesia
5. You will likely go home 24 – 48 hours after your surgery, but may stay longer if needed
6. If you are sensitive to tape, please tell your check-in nurse on your day of surgery
7. We will call you typically within 3 business days with final pathology results
8. You will follow up with Dr. Stroede about 6 months after surgery. Your post-operative care will be with your Plastic Surgeon.
9. You can shower 48 hours after surgery

\*For questions about restrictions, return to work, incision care, drain care, and pain management please contact your Plastic Surgeon.